



# Emergency First Aid at Work

The undermentioned has successfully completed the above training course and has demonstrated competence in currently accepted first aid practice and in accordance with the Health & Safety (First Aid) Regulation 1981

George Owen Stephens

Signed by Trainer: Arslan Hussain

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This certificate is dated September 18, 2025

#### Topics Covered

- Assess the Situation
- Assess the Casualty
- CPR
- Recovery Position
- Calling an Ambulance
- Heart Attack
- Severe External Bleeding
- Shock
- Choking
- Broken & Fractured Bones
- Back Injury
- Burns
- Crush Injury
- Concussion
- Diabetes
- Eye Injury
- Allergic Reactions
- Swallowed Poisons
- The First Aid Box
- Records

Certificate is valid for 3 years from the date of issue

Certificate No. 7876

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